

Welcome to the RAMSR Newsletter for August 2022 - A few things you will find in this edition.

1. Updates from the RAMSR Team
2. New Staff and a call for new RAMSR Trainers
3. Interested in Neuroscience? We want to hear from you.
4. Open Enrolment for Face to Face Training in Brisbane now open
5. Early Bird registrations for final online learning module of the year are open now
6. Webinar: Want to know more about RAMSR? Join our free information session on Tuesday 6th September
7. Together Sing



RAMSR Newsletter August 2022

QUOTES FROM RECENT PARTICIPANTS



"I feel more comfortable implementing the program knowing the resources are all together and accessible"



"Being involved in a face-to-face workshop as given me the confidence to implement the program in my teaching practice...thank you."



"I really enjoyed undertaking the training and felt it was very practical. I loved way the theory linked to practice"

Updates from the RAMSR Team

This newsletter is quite the scroll – but stay with us, there is a lot to share and many new opportunities to become involved, and even join the national RAMSR team!

Over the past few months, Sally, Bec and Kate have been busy running workshops throughout Queensland and Victoria. This year we have facilitated face to face workshops for **over 125 early childhood educators and over 250 participants have engaged in our online learning modules**, with participants taking advantage of government funding through the Victorian School Readiness program and the newly formed Kindy Uplift Funding in Queensland.

Feedback from 129 face to face participants and 25 online **participants overwhelmingly endorsed:**

- **That RAMSR training enhanced their knowledge and confidence,**
- **That they intended to implement RAMSR**
- **ALL participants said they would recommend the training to a friend or colleague.**



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RAMSR Staff News

New RAMSR Staff

As demand for RAMSR grows nationally, we are expanding our team of RAMSR trainers. Please be introduced to our latest team members.

Introducing Anne Flood

Anne is a Registered Music Therapist, Early Childhood Teacher and certified RAMSR Trainer. Anne has been using RAMSR since its inception (2016) within primary schools, community hubs and private practice. Anne is currently working in “Musicability”, her private practice and is a music specialist teacher at St Elizabeth’s Catholic Primary School. Anne is a Neurologic Music Therapy Fellow and the Chair of Education for the Australian Music Therapy Association. She is a proud teacher and music therapist who enjoys helping children learn to regulate using rhythm and movement.



Anne will mostly be facilitating workshops in Queensland; however, she may pop up in other states as well. She is excited to meet you all.



Introducing Carlin McLellan

Carlin is a change-maker at the intersection of music, health and technology. As a Registered Music Therapist, Educator and App Developer, he is passionate about supporting children to thrive using engaging, evidence-based approaches. Carlin is excited to be part of the RAMSR team where he works with Early Childhood Practitioners to implement the RAMSR program. Carlin believes that all young people, regardless of their circumstances should have the opportunity to develop their social, emotional and self-regulation skills.

Carlin will be facilitating workshops throughout NSW and has been using his amazing App Development skills to work on a RAMSR app! He looks forward to meeting you all.



Introducing our Intern Emma Nainby (shown here with Kate)

Emma Nainby is in her final semester of her Bachelor of Fine Arts Music degree and was awarded the QUT Excellence Scholarship upon entry. Emma is currently interning with the RAMSR program and training as a RAMSR trainer in QLD. Emma has seen first-hand the positive effects of using music while working with those with complex needs within the NDIS, having previously worked as a support worker for people with physical and intellectual disabilities Emma has remained an active member of the community since 2011. Emma currently performs regularly at QPAC as a QUT ceremonies musician and has performed music internationally working with Grammy Award Winning composers. Upon graduation and the completion of her internship, Emma is looking at completing a Master of Music Therapy.

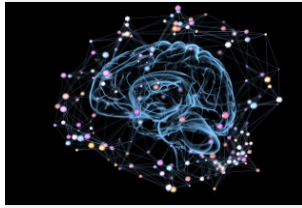
Welcome, Emma!



RAMSR Trainers needed

If you have trained already in RAMSR and have been implementing it and would be interested in casual work as a RAMSR trainer (delivering full-day RAMSR workshops which are often Saturdays but occasionally during the week), please complete this [EOI form](#).

We are particularly keen to hear from those in Victoria.



When Kate isn't working on RAMSR

When RAMSR leader Kate isn't researching in RAMSR she is doing all sorts of other things with and for the ECEC sector, and about brains of course!'

If you would like to participate in her latest study, you can **lend your voice** to understand **the role of neuroscience in early childhood education and care**.

There is much talk about how neuroscience could or should inform early childhood education and care, but what does the sector actually think about all of this talk about the brain and how it works?

Kate and her team want to understand YOUR beliefs and attitudes about this idea. Unless we understand views from the sector, we cannot design appropriate future supports for this essential workforce.

You can participate in the survey and read more about it by clicking on the read more link **before 30th September 2022**. Kate would love to have your support in completing this research – please feel free to forward it to colleagues.

[READ MORE](#)

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Open Enrolment Face-to-Face Workshop

Brisbane: October 22nd 2022

Due to popular demand, we are excited to announce we will be hosting a **face to face RAMSR workshop in South East Queensland** on the 22nd of October, 2022.

The 5-hour workshop **includes morning tea and lunch** and aims to teach participants how to use the RAMSR program including simple rhythm and movement activities to support positive behaviour for children aged 3-6 years old.

By the end of this workshop, participants will be able to lead the full Rhythm & Movement for Self-Regulation (RAMSR) program (15-minute sessions daily with the program able to last a full year), or adjust it and use it as they see fit for their setting.

Workshop participants will be provided with

- four full 15-20 minute RAMSR sessions plans to create a program lasting 12 months as desired
- 24 RAMSR activities as a base level and more than 30 extension activities, with demonstration videos
- 28 audio tracks
- 4 sets of visual cue cards
- 120-page RAMSR Resource folder (self-printed).

This workshop is **open to all early childhood professionals including educators, allied health and others** with an interest in implementing a Rhythm and Movement program to enhance self-regulation in young children. No prior knowledge or music ability is required, and we guarantee you will have a fun day.

Early bird rates are now available

REGISTER NOW

Online Learning Modules Early Bird Registrations OPEN NOW



Early Bird Registrations for the last RAMSR Online Module for the year are open now

Included in this course

- four full **15-20 minute RAMSR sessions plans** to create a year-long program
- 24 RAMSR activities as a base level and more than **30 extension activities**, with demonstration videos
- **28 audio tracks**
- 4 sets of **visual cue cards**
- detailed **learning on the theory and rationale** behind the program, including self-regulation and executive function in early childhood and the value of rhythmic movement.
- 120-page downloadable **RAMSR Resource folder** with comprehensive curriculum materials

You will also be able to download a certificate of attainment for 13 hours of CPD.

RAMSR is remote learning-friendly and many of our RAMSR trained educators have implemented the program through online learning.

Registrations are **open now for our next 6-week self-paced online course starting on the 10th October 2022**. The course is moderated for 6 weeks and accessible for a duration of 3 years.

Early Bird Registrations close 4 weeks prior to the course commencement, get in quick and register now before the 9th September 2022.

REGISTER NOW

Webinar: RAMSR Information Session



Want to know more about RAMSR?

RAMSR founder Kate Williams will be facilitating a short information session to introduce you to RAMSR and how it can be used to develop self-regulation skills in young children.

DATE: Tuesday September 6th

TIME: 2-2.30pm AEST

CLICK TO REGISTER NOW VIA EVENTBRITE

REGISTER NOW

Can't make this time? No problems, register anyway and we will send you a recording of the webinar to watch in your own time.

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TOGETHER SING

Singing together and celebrating
Music Education.

October 8 - 16 2022



RAMSR Team supports Together Sing

The aim of **Together Sing** is to raise awareness of the value of Music Education and singing together to improve mental health and wellbeing.

The RAMSR Team is supporting this initiative by recording a version of the together sing 2022 song, *Where We Begin*, **composed by Australian Composer, Slade Gibson**.

Check out the [Together Sing Website](#) where you can participate by recording your own song and download a range of resources including lyrics, audio files and other supporting materials.

Our Vision

Our vision is for all early childhood practitioners and parents internationally to have the confidence, skills & resources to use evidence-based rhythm and movement activities for self-regulation support for children. In particular, for those children who do not gain access to specialist music programs and associated benefits, and for those children whose life circumstances mean they are most at risk of poor self-regulation, learning, & wellbeing outcomes.

Contact us

I welcome you to get in contact with any questions at all and look forward to assisting you and your colleagues in supporting our young children to thrive in their early years and beyond.

Kind regards,

Kate and the RAMSR Team

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Latest publication: [A randomized controlled trial of the effects of parental involvement in supported playgroup on parenting stress and toddler social-communicative behavior](#)

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