

# Reflection 4Rs

## Report and Respond

- Introduce the issue and recount a critical incident – first person use of “I”. I believe, I question, I understand I consider...

## Relate

- Relate it to self and professional practice- use professional jargon such as pedagogy, relate to your previous experience and knowledge..

## Reason

- Use relevant theory to explain how and why the incident occurred, appraise what happened; introduce multiple perspectives Use language such as ...as a result of... due to... therefore because... in contrast (references from text)

## Reconstruct

- Hypothesise about different possible responses/actions, reframe your own future practice and show new understandings – future tense... I intend to.... I will ensure (references from text)

# 5 Minute Power Write

## The Rules

- ◉ *Keep your hand moving*
- ◉ *Don't cross out*
- ◉ *Don't worry about spelling, grammar and punctuation*
- ◉ *Don't think too hard*
- ◉ *Don't get too logical*
- ◉ *Just keep writing....*

## The Prompt

**How is your experience with Service-learning changing your sense of SELF and your sense of SELF-AS-TEACHER?**