

Chairperson – Ros Sambell r.sambell@ecu.edu.au

MISSION

To promote best practice provision of food within ECEC services to facilitate positive short and long term nutrition, health and development outcomes for children who attend care.

BACKGROUND

It is well known that nutrition in the first 1000 days is critical to the short and long term health outcomes of an individual. ECEC services are a crucial setting to influence children's nutrition during a critical period for their growth and development and when the foundation for healthy eating habits are laid. ECEC services frequently provide meals and snacks to children while they are in care, long day care centres may provide 40-60% of a child's daily food intake. This setting provides an opportunity for improving children's nutrition.

The NNG-ECEC Group was formed to provide a national lens to support the National Quality Framework coordinated by ACECQA, to facilitate consistency of information, and support research and practical application of evidence-based learnings. To support change in ECEC food provision services, the NNG-ECEC Group endeavours to;

- facilitate discussions relating to research and professional development to drive future agendas.
- support and facilitate nutrition research translation into best practice.
- share expertise and knowledge to avoid replication of research and resources.
- collate evidenced-based professional development opportunities and resources.
- support continued improvement of service delivery.
- build an evidence base of ECEC nutrition research.
- support advocacy and influence sector stakeholders through knowledge exchange.

COLLABORATION

To optimise the mission and purpose of this group, we encourage external organisations including; government and non-government groups; universities; and members of the community to contact NNG-ECEC with relevant recommendations to support this sector. We are particularly interested in receiving updates on current and potential resources, and any research ideas that will support practical translation.



Ros Sambell

RPHNutr, Chair NNG-ECEC, Lecturer, ECU co-lead Jamie's Ministry of Food Program, **Edith Cowan University, WA**
 EXPERTISE: Food provision in, and food allergy readiness of, ECEC services. Public Health Nutrition.



Dr Penny Love

Stream Lead NNG-ECEC, Research Fellow, Institute for Physical Activity and Nutrition, **Deakin University, Vic**
 EXPERTISE: Public health nutrition, research translation, early prevention of childhood obesity



Dr Rebecca Byrne

Stream Lead NNG-ECEC, Research Fellow, **Queensland University of Technology**
 EXPERTISE: Dietary intake, eating behaviour and feeding practices – children 0-5 years; breastfeeding



Dr Amanda Devine

Professor of Public Health Nutrition, Director of Public Health, ECU co-lead Jamie's Ministry of Food Program. **Edith Cowan University, WA**
 EXPERTISE: Bone health, food literacy, research translation, website development, ECEC and K-10 nutrition education.



Dr Rebecca Golley

Assoc/Professor (Research) Nutrition and Dietetics, **Flinders University, SA**
 EXPERTISE: Evidence-based nutrition promotion, nutrition behavior change, public health nutrition.



Dr Ruth Wallace

Lecturer, Public Health RPHNutr. **Edith Cowan University, WA**
 EXPERTISE: Child and adolescent health, website development (SNAC), ECEC, health promotion.



Prof Karen Campbell

Professor Population Nutrition, Institute for Physical Activity and Nutrition, **Deakin University, Vic**
 EXPERTISE: Early childhood nutrition; behaviour change; research translation



Samantha Baker

CoLab Program Manager **Telethon Kids Institute, WA**
 EXPERTISE: K-10 nutrition education, health promotion, families & communities, project management



Margaret Rozman
 Program Manager

Nutrition Australia, Vic
 EXPERTISE: Accredited Practicing Dietitian, early childhood nutrition



A/Prof Luke Wolfenden
 NHMRC Fellow

The University of Newcastle, NSW
 EXPERTISE: Behaviour change, implementation science, childhood nutrition, ECEC settings



Dr Leesa Costello

Senior Lecturer Public Health, Health Promotion **Edith Cowan University, WA**
 EXPERTISE: health communication, qualitative research methods, social connectedness.



Suzie Harte

APD at Grass Roots Nutrition, PhD Candidate at **Queensland University of Technology**.
 EXPERTISE: Eating behaviour in early life and health implications throughout life



Aloysa Hourigan
 APD

Dietetic Private practice, Brisbane
 EXPERTISE: family nutrition, early childhood nutrition, disordered eating, food allergies & intolerances; community nutrition



Dr Serene Yoong
 ARC DECRA Fellow

The University of Newcastle, NSW
 EXPERTISE: Dietitian, food provision in ECEC settings, implementation science.



Amelia Webster
 Early Years Program Coordinator

Nutrition Australia, Qld
 EXPERTISE: Dietitian, early childhood nutrition, food provision in ECEC settings



Dr Siobhan O'Halloran
 Researcher **Deakin University, Vic**

EXPERTISE: Children's dietary food intake assessment, child nutrition and early prevention of cardiovascular disease



Dr Alison Booth

Senior Lecturer, Institute for Physical Activity and Nutrition
Deakin University, Vic
EXPERTISE: Nutrition promotion, dietary behaviour change, evidenced-based nutrition education.



Dr Lucinda Bell

Research Associate
Flinders University, SA
EXPERTISE: Measurement of child food intake, and evaluation of child nutrition initiatives in ECEC settings, families and communities



Amy Wakem

Education Coordinator Early Childhood and Schools,
Nutrition Australia, Vic
EXPERTISE: Dietitian, Early Years Educator



Louisa Matwiejczyk

Lecturer, Advanced Practicing Dietitian, PhD Candidate
Flinders University, SA
EXPERTISE: Early childhood nutrition, health promotion, project management, implementation science