

Surgical Wounds



- ✓ Wash and dry hands before changing wound dressings
- ✓ Cover the wound with a dressing to reduce risk of infection
- ✓ Avoid wetting any non-waterproof wound dressings
- ✓ Check your wound daily (*if not covered with a sealed dressing*)
- ✓ See your health professional if increased heat, redness, pain, swelling or purulent discharge occurs
- ✗ Do not leave a wound open to the air or sun
- ✗ Do not apply ointments or creams to the wound unless directed to do so
- ✗ Do not smoke





School of Nursing, Faculty of Health
Queensland University of Technology
Kelvin Grove Qld 4059 Australia
E: woundresearch@qut.edu.au

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