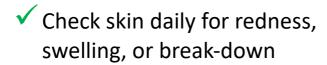
## Incontinence-Associated Dermatitis







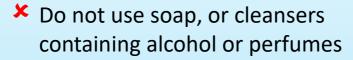
- ✓ Use gentle, low pH cleansers
- ✓ Pat gently when drying skin and applying products



Regularly apply a thin layer of a protectant or barrier product to the area



- ✓ Use suitable incontinence aides
- Ensure a nutritious diet





Avoid pulling or rubbing the skin





School of Nursing, Faculty of Health Queensland University of Technology Kelvin Grove Qld 4059 Australia E: woundresearch@qut.edu.au

## © QUT 2024

TEQSA Provider ID PRV12079 Australian University | CRICOS No.00213J

## References

Beeckman D, et al. 2020. Best Practice Recommendations for Holistic Strategies to Promote and Maintain Skin Integrity: Wounds International. <a href="https://www.woundsinternational.com">www.woundsinternational.com</a>.

Beeckman D, et al. 2015. Proceedings of the Global IAD Expert Panel. Incontinence Associated Dermatitis: Moving Prevention Forward: Wounds International. <a href="https://www.woundsinternational.com">www.woundsinternational.com</a>

Fastner A, et al. Skin Assessments and Interventions for Maintaining Skin Integrity in Nursing Practice: An Umbrella Review. International Journal of Nursing Studies. 2023;143:104495-

Fletcher J, Beeckman D, Boyles A, et al. 2020. International Best Practice Recommendations: Prevention and Management of Moisture-Associated Skin Damage (MASD): Wounds International. <a href="https://www.woundsinternational.com">www.woundsinternational.com</a>

Ousey K., O'Connor L, Doughty D., Hill R., Woo K. Incontinence-Associated Dermatitis Made Easy, London: Wounds International 2017 Vol. 8 Issue 2, www.woundsinternational.com Whitehorn A. Evidence Summary. Incontinence Associated Dermatitis (Older Adults): Prevention and Management. The JBI EBP Database. 2023:JBI-ES-2502-5.

This project was previously funded by the Australian Department of Health and Ageing under the Encouraging Better Practice in Aged Care (EBPAC) program.