

Skin Integrity



- ✓ Use simple, clear communication
- ✓ Ensure a well-lit, safe environment
- ✓ Check feet and footwear regularly if walking frequently (consider visiting a podiatrist)
- ✓ Use safe transfer techniques
- ✓ Consider pressure-relieving mattresses or cushions if movement is impaired
- ✓ Be aware of potential triggers for agitation (e.g. non-familiar carers)
- ✓ Share information about likes and dislikes with all carers
- ✓ Moisturise dry skin twice daily
- ✓ Use barrier creams to protect skin from excess moisture
- ✗ Do not use soap. Try pH balanced liquid body wash or cleansers instead
- ✗ Do not rub the skin over bony areas, e.g., hips
- ✗ Do not use tapes or adhesives on skin





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