

# Surgical Wounds



promoting  
**healthy skin**

*Champions for Skin Integrity*



Wash and dry hands before changing wound dressings

Cover the wound with a dressing to reduce risk of infection

Avoid getting any non-waterproof wound dressings wet

Check your wound daily

See your health professional if increased heat, redness, pain, swelling or purulent discharge occurs



Do not leave a wound open to the air or sun

Do not apply creams or ointments to the wound unless directed to do so

Do not smoke





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