Driver fatigue/sleepiness

Fatigue/sleepiness is a significant crash risk factor

1 Australian dies every day from incidents due to lack of sleep

When we feel sleepy, and it takes some effort to stay awake, the risk of having a sleep-related crash increases 6.6 times

A substantial amount of sleep-related crashes also occur in urban areas too - sleepiness impairs attention, thinking and reasoning, as well as driving skills

No-one is immune to the effects of fatigue/sleepiness
We all have to sleep and potentially we are all at risk