

Help break the connection, not the law



We can all play a role to reduce distracted driving.

Parents

- Don't panic if your child doesn't respond immediately – they could be driving.
- Let them know its OK to wait until they've reached their destination before responding.
- Set a good example: don't message or call when you're driving.

Managers

- Avoid messaging or calling someone if you know they're driving.
- Tell staff to avoid all phone use when driving & reply when safely at the destination or pulled over.
- Include this in organisational policies & procedures.



Drivers

- Use an App to manage notifications or activate the "Do Not Disturb" or "Driver Mode" function on your mobile.
- Pull over, park & turn off the engine to read your messages or wait until you've reached your destination.

Friends

- If you think your friends could be driving – don't put them in danger.
- Save your messages for later or, if urgent and you know their car is bluetooth enabled, call them instead of texting.